

Smoking Cessation

Quitting tobacco use is one of the toughest challenges for patients, but so important when it comes to health. A clinic service offered by Fall General Surgery is one-on-one support to assist in tobacco cessation. Certified Nurse Practitioner Kelli Culver will work with you through the program which involves education, counseling, and medications if necessary. The program is tailored to meet each individual patient's needs. Studies have shown that support in person, or by telephone increases the chance of success. Check with your insurance to be sure visits are covered by your specific plan, then call to schedule an initial visit. We look forward to helping you become a healthier you!

Weight Loss Counseling

Being overweight contributes to many negative health issues such as diabetes, joint pains, heart disease, sleep apnea, and so many more. Many factors play a role in a person's weight, and their success at weight loss. Fall General Surgery offers one-on-one weight loss counseling to address barriers to weight loss and forming habits for a healthy lifestyle. This program does not include pre-packaged foods to purchase or the use of medications. What it DOES offer is education, resources, and counseling to empower you in making these lifestyle changes. Weight loss counseling is covered by many insurance companies, so check with your specific plan. Then, call to schedule an appointment with Certified Nurse Practitioner Kelli Culver, so we can get started on this journey together!