

MICRO-STAB PHLEBECTOMY

Today you had a Micro Stab Phlebectomy, which is a minimally invasive treatment for varicose veins.

Phlebectomy (also known as microphlebectomy, ambulatory phlebectomy, or stab avulsion) is a technique to remove varicose veins. In this procedure, several tiny cuts (incisions) are made in the skin through which the varicosed vein is removed. Stitches usually are not required.

Post-procedure Care and Instructions

After the procedure is done, continue to wear compression bandage for 48hrs.

- After the 48hrs have passed please start wearing your thigh-highs/pantyhose. They may come off for 1hr daily to shower, elevate leg while letting leg dry completely. Continue this for the next 7 days. (Days 3-9)
- Then wear stockings all day and off at bedtime for the next 7 days. (Days 10-16)
- Stockings will be used for a total of 16 days.
- Continue taking your 81mg Aspirin for 3 months.
- May continue with normal activity on postop day #2

Things to look for

- Injection site becomes warm, red and hard.
- You develop a fever of greater than 101.0.
- If you develop a sudden onset of shortness of breath or chest pain.

If any of these things happen to you please call Memorial Medical Center at 715-685-5500.

Or call Dr. Fall at 715-209-5456.

Dressing

- After the 48hrs have passed, you may put bacitracin ointment on the small incisions after bandages are removed. Again, after the 48hrs, start wearing your thigh-highs/pantyhose.
- If you are having pain over the counter pain medication such as Tylenol or ibuprofen will be able to help relieve any discomfort you are having.

Follow-up

- Please follow-up as needed